2026 State Games of America
Track Field Schedule

Preliminary Schedule

2026 State Games of America
Meet Schedule - Preliminary

Friday, July 31st

Track Events				Field Events			
TIME		**EVENT**	**AGE GROUP**	**TIME**		**EVENT**	**AGE GROUP**
8:30 AM		1500m Racewalk	9-12 Combined	8:30 AM		Pole Vault	13-18 Girls
		3000m Racewalk	13-18 Combined				combined
				9:00 AM		Javelin (600g)	13-18 Girls
9:00 AM		100m hurdles	13-18				
		110m hurdles	16-18 Boys	10:00 AM		Triple Jump	13-18 Boys
		80m hurdles	11-12				Flight and/or
							combined
10:00 AM		1500m	All Divisions				
				10:00 AM		Turbo Javelin (300g)	8&U G,B
11:00 AM		200m Hurdles	13-14			Mini Aero (250g)	9-10 G,B
						Aero Javelin (450g)	11-12 G,B
11:30 AM		400m Hurdles	15-18				
				1:00 AM		Pole Vault	13-18 Boys
1:00 PM		800m	All Divisions				combined
				1:00 PM		Triple Jump	13-18 Girls
							Flight and/or
							Open Pit
15 - 18 Year Olds Must Use Blocks in All Sprint Races							
				1:00 PM		Javelin (600g/800g)	13-18 Boys

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Saturday, August 1 - Youth Day 2

Track Events				Field Events			
TIME		EVENT	AGE GROUP	TIME		EVENT	AGE GROUP
8:30 AM		3000m	11-18	8:30 AM		Shot Put	7-18 Boys
				8:30 AM		High Jump	9-18 Girls
9:00 AM		100m - Prelims	All Divisions	8:30 AM		Discus	11-18 Girls
10:30 AM		400m - Prelims	All Divisions	9:00 AM		Long Jump	8U-18 Girls
							Flight and/or
11:30 AM		200m - Prelims	All Divisions				Open Pit
1:00 PM		4x100m Relay	All Divisions	11:00 AM		Shot Put	7-18 Girls
1:30 PM		100m - Finals	All Divisions	11:00 AM		High Jump	9-18 Boys
2:30 PM		400m - Finals	All Divisions	1:00 PM		Discus	11-18 Boys
3:30 PM		200m - Finals	All Divisions	1:00 PM		Long Jump	8&U-18 Boys
							Flight and/or
4:00 PM		4 x 400m Relay	All Divisions				Open Pit
15 - 18 Year Olds Must Use Blocks in All Sprint Races							

Preliminary Schedule